

Duck Tales

Volume 34, Issue 8

July 15, 2008

Dates to Remember

7/14-7/18: Butterfly Clinic
815am-915am

7/16: Rita's Italian Ice
6pm-930pm (coaches serve!)

7/19: Victory Lakes @ BLST

7/23: California Tortilla Night
5pm-8pm (code word DUCKS)

7/25: Breakfast at 8:45am

7/26: White Divisionals vs Braemar
and Victory Lakes @ Victory Lakes

7/27: Team Picnic & Pool Party

Swim meet results for 7/12

BLST 2481 pts, Dale City Frogs 2567

Way to swim DUCKS! Oh, so close, but an exciting meet anyway. Team congrats go out to Nick Hoffman for breaking the boys backstroke record—it was a fast swim but his teammates cooled him off afterwards in celebration! Whoo-hoo!!

Ben Lomond team records -- Boys:
Nicholas Hoffman, 13-14, 50 Back
(30.44)

Ben Lomond triple winners--Amy
Layne, 11-12 100 IM, 50 Back, 50
Breast; Nihar Bhat, 100 IM, 50
Breast, 25 Fly; Nicholas
Hoffman, 13-14 50 Free, 100 IM, 50
Back; James Crabb, 15-18 100 IM, 50
Back, 50 Fly

Ben Lomond double winners -- Ariadna Sanchez,
8&U 25 Breast, 25 Fly; Nathan Moya, 8&U 25
Back, 25 Fly

Ben Lomond 'A' time standard achievers --
Girls: (11-12) Natalie Purnell, 50 Fly, 50
Free; Chloe Colligan, 50 Breast; Boys: (8&U)
Evan Thies, 25 Free; Nathan Moya, 25 Back

Ben Lomond other top place finishers --
Girls: (8&U) Saloni Deshpande, 3. 25 Breast,
3. 25 Fly, 1. 25 Free; Riona Francis, 2. 25
Back, 2. 25 Fly; Anya Hibberd, 4. 25 Breast,
4. 25 Fly, 3. 25 Free; Gabrielle Lazaneo, 4.
25 Free; (9-10) Isha Ghodgaonkar, 4. 50 Breast;
Katie Cornelius, 3. 50 Breast; (11-12) Natalie
Purnell, 3. 50 Back, 2. 50 Fly; Chloe Colligan,
4. 50 Breast; Toni Hunsicker, 3. 50 Fly;
Sydney Thorpe, 3. 50 Free; (13-14) Rucha
Bhat, 3. 50 Free; Lindsey Cornelius, 3. 50
Fly; Cristina Hunsicker, 4. 50 Back, 3. 100
IM, 2. 50 Breast; (15-18) Jessica Layne, 3.
100 IM, 3. 50 Back, 2. 50 Fly; Heather Moya,
4. 50 Breast; Olivia Reed, 4. 50 Free; Emily
Marquart, 3.50 Fly; Boys: (8&U) Brendan Colligan,
3. 25 Breast; Austin Corbett, 1. 25 Breast;
Evan Thies, 3. 25 Back, 1. 25 Free; Collin
Bowman, 4. 25 Breast, 2. 25 Fly; Jonathan
Peters, 4. 25 Free, 4. 25 Fly; JB Rowley, 2. 25
Back, 2. 25 Breast; (9-10) Kieran Garvey, 4.
50 Back; Nate Romanowski, 4. 25 Fly, 4. 50
Back; Cameron Stoll, 2. 50 Free, 2. 50 Back;
Spencer Sutherland, 4. 50 Free, 4. 50 Breast,
3. 25 Fly; (10&U) Animesh Tripathy, 3. 100
IM; (9-10) Daniel Anwanwan, 2. 50 Breast, 1.
50 Free; Razi Rais, 4. 100 IM; (9-10) Jason
Thies, 3. 50 Back; (11-12) Aaron Romanowski, 3.
50 Breast; Ryan Thies, 2. 100 IM, 1. 50
Breast; Andrew Franklin, 4.50 free, 2. 50
Back, 1. 100 IM; LJ Nadal, 4. 100 IM, 2. 50
Free; (13-14) Joseph Gimbre, 4. 50 Breast;
Zachary Goulet, 4. 100 IM, 3. 50 Free, 1. 50
Breast; Alexander Hoffman, 3. 100 IM, 3. 50
Fly, 2. 50 Back; James McGrath, 4. 50 Free;
Daniel Utt, 2. 50 Free, 2. 100 IM, 1. 50 Fly;
(15-18) Dieter Seltzer, 4. 100 IM; David
Harris, 4. 50 Back; Luke Persian, 1. 50
Breast; Joshua Turner, 4. 50 Breast

Ducks of the Week

Congratulations to the following swimmers and their
outstanding accomplishments last week:

Group One: Hope Mills

Group Two: Timothy Park

Group Three: Andrea Holland

Group Four: Zoie Rowley and Aaron Romanowski

Group Five: Tasha Pietri

Saturday's Meet vs. Victory

Lakes @ HOME

Be at the pool by 6:00am to be ready for **warm-ups at 6:10am**. Check in with your coach right away so they know you are there. If you haven't signed up yet in a volunteer position, please see Sara (the lady with the clipboard) or email her at sarajane521@comcast.net. We especially need help with positions off the deck such as clerks of course, ribbons, concessions, and runners. We can easily and quickly train you for any of these spots and you'd really be helping out the team!

Rita's Italian Ice Wednesday

July 16 @6pm

Come out and support our team with a fundraiser at Rita's Italian Ice in the Kmart shopping center from 6pm-930pm. Bring friends, family, neighbors, strangers, anyone who wants to buy something from Rita's that night to help our fundraising efforts! The coaches will make this a fun night by working behind the counter serving the team so don't forget your cameras!

Home meet concessions

You can start bringing your donations to practices anytime for our home meet on Saturday. We always need Gatorade, canned coke and pepsi products, pasta salad and fruit salads. We are also looking to have a few extra people on hand during the meet to help out with concessions. If it gets really busy down there (which is always does!) and people have to wait in long lines they get frustrated and leave and we lose money. Even if you can just help for a quick 30-45 minutes they can use all the help you can give! See Amber or Leonard if you have any questions.

Board Positions Open

Each year at our end of season picnic we elect new board members to replace current members who are vacating positions. If you would like to be considered for a board position please let a current member know ASAP! We are also in need of committee members to help with things such as fundraising, recruiting, equipment, and computer support. We would love to have some new people step forward to ensure the continued success and strength of our team. If you have any questions or would like more information about a certain position, please talk to Jay or another board member.

Divisionals July 26th

I know we say this every year, but can you believe Divisionals is just around the corner? It's always a busy, hectic, frantic, extremely exciting and high energy meet, so make sure you come! It is also a long morning so come prepared with sunscreen, snacks, activities, and extra drinks for your swimmers. Bring anything DUCK related to help decorate our area—fresh posters are always welcome, too! The volunteer sheet has already started circulating and the "hot" spots are nearly filled so find Sara and secure your favorite spot before it's gone. The special Divisional t-shirts will be available at the meet so don't forget to pick yours up when we get there. The very cool swim caps are in as well and they look AWESOME!!

End of Year Picnic on July 27th

Watch for a special announcement from Leonard and Amber regarding our annual picnic. As we get a bit closer we will have the times confirmed and you will know what you have to contribute in the way of food and drinks. We hand out awards, give gifts, have a raffle, elect new board members, eat, and then head to Splashdown to finish off the season goofing off on the slides or floating in the lazy river. It's a great time so be sure to put it on your calendar!

Team Breakfast 7/25 @ 8:45am

Bring your favorite breakfast food and drinks and join us for our annual end of season breakfast!